

Basketball Competition Guidelines

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【Date】

Saturday, May 16th, 2026

Sunday, May 17th, 2026

【Venue】

Basketball court, Central Gymnasium

【Division】

High Level Cup

〈Registration Restrictions〉

- Up to two members of the Men's Basketball Club and Women's Basketball Club may register per team. There are no restrictions on members of the Medical Basketball Club nor the Basketball Club.
- Women may register. However, no handicap will be applied.

Men's Division Standard Cup

〈Registration Restrictions〉

- Members of the Men's and Women's Basketball Clubs may not register. Members of the Medical Basketball Club and the Basketball Club may register up to two members per team.
- Women may register. Handicap will be applied.

Women's Division Standard Cup

〈Registration Restrictions〉

- Members of the Women's Basketball Club are not allowed to register. Members of the Medical Basketball Club and the Basketball Club may register up to two members per team.
- Men may not register.

【Match Format】

One of the following formats shall be used.

※No one is allowed to belong to more than one team.

※If the number of registered teams in any division is extremely low, the divisions may be merged or eliminated.

Tournament

- Up to the quarterfinals, the game regulation time will be 10 minutes. In case of a tie, free throws will be made by five players in sudden death to determine the winner; if the game is not decided by the fifth player, the winner will be determined by rock-scissors-paper by the representatives.
- From the semifinals onward, the stipulated time for a match shall be 20 minutes. (10-minute halves, 5-minute halftime) In the event of a tie, a 5-minute overtime period will be played. In the event of a tie, a five-minute overtime period will be played. If the winner is still not decided, free throws will be made in sudden death.

League Match

- The stipulated time for a match shall be 10 minutes.
- The winning team will be awarded 3 points, and in the event of a tie, both teams will be awarded 1 point, and the order will be determined in order of the number of points won. If the winning teams have the same number of points, the ranking will be determined in the order of goal difference, total number of goals scored, and wins/losses between the teams concerned. In case of a tie, the ranking will be decided by a rock-scissors-paper game among the representatives.

【Rules】

- Basically, the rules shall conform to the rules of the Japan Basketball Association.
- The number of players allowed in a match is 5 per team. (Up to five substitutes may be registered.)
- If the number of players is less than the number stipulated for the match at the start of the match, a penalty will be imposed.
- The minimum number of players to start a game is 4 per team.
- A size 7 ball shall be used for the High Level Cup and the Men's Division Standard Cup. In the Women's Division Standard Cup, a size 6 ball will be used.
- The clock for fouls and violations will not be stopped until 2 minutes remain.
- The following rules apply to fouls committed during shooting and after the 5th team foul.
Up to Quarterfinals → 1 point to opponent + opponent's throw-in
Semifinals and thereafter → Free throws

- With respect to basket counting, do the following.
Up to quarterfinals → 1 point for the opponent + original shot score
Semi-finals and after → Free throws

※Violations are violations other than those resulting from physical contact (fouls), such as double dribbling and traveling.

※A basket count is when an offensive player is fouled by a defensive player during the shooting motion and the shot is made. In this case, a free throw is awarded in addition to the score of the original shot.

Handicap

- The team with the greater number of female players at the start of the match will be awarded (difference in the number of female players) x1 point. (The maximum number of points is 5.) However, the number of male players cannot be increased from the start of the match.

Measures for teams that arrive late

- If the number of players reaches 5 or more within 5 minutes of the start of the match and the number of players meets the match regulations, the match will start as usual.
- 4 players after 5 minutes from the start time of the match, meeting the minimum number of players to start the match but not the number of players stipulated for the match, Penalties are given to start the game. (If a match starts with four players, the team concerned must play with four players throughout the match. However, players, including late arrivals, may be substituted.)
- If there are less than 4 players at the end of 5 minutes from the start of the match and the minimum number of players to start the match is not met, The team in question was not defeated.

Penalty

- The number of players cannot be increased after the start of the match.

Adding players on the day of the competition

- Players from the eliminated team cannot be added to the team.
- Players may not be added to more than one team in the same division on the day of the competition.
- Once you delete the player, reapplying is allowed only one time.
- The maximum number of additional players is limited to half of the maximum number of registered players.

【Referees】

- Men's Basketball Club
- Women's Basketball Club
- Medical Basketball Club
- Basketball Club

【Notes】

- The maximum number of registered players per team is 10.
- It is not allowed to participate in a team in which a player is not registered.
- Teams that participate in the tournament without a registered player will be disqualified.
- Eating and smoking are prohibited in the venue.
- Indoor shoes must be worn. (ones that do not damage or stain the floor)
- If a player fails to follow the instructions of the referee, some measures may be taken.
- The use of balls other than those provided by the Sports Day Student Committee is prohibited in the games.
- If players want to practice with the balls of the Sports Day Student Committee, make sure to tell the Sports Day Staff, and the representative of the team must write the name, student number, and phone number.
- Players who arrive late may only take part in the match as a substitute after informing the referees.
- Wearing accessories is prohibited to prevent danger.