

Futsal Competition Guidelines

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【Date】

Saturday, May 16th, 2026

Sunday, May 17th, 2026

In case of rain

If it rains on the day of the competition or the day before, the competition may be cancelled.

In case of cancellation, participants will be notified on the morning of the day of the event or as soon as the weather gets worse.

【Venue】

University of Tsukuba 1st Soccer Ground

【Division】

Men's Division

〈Restrictions〉

- Registration of women is allowed. However, no handicap will be applied.
- At least one of the following ① and ② must be satisfied.
 - ① Less than 1 member of the men's football club and 0 total members of the women's football club, medical soccer club, and football circle.
 - ② 0 members of the men's football club and less than 2 members of the women's football club, the medical soccer club, and the football circle.

Mixed Division

〈Restrictions〉

- At least two women must be registered per team.
- The men's football club members are not allowed to register.
- In addition to the above rules, at least one of the following ① and ② must be satisfied.
 - ① Less than 1 member of the women's football club and 0 total members of the medical soccer club and the football circle.
 - ② 0 members of the women's football club and fewer than 2 total members of the medical soccer club and the football circle.

※No one is allowed to belong to more than one team.

※If the number of registered teams in any division is extremely small, the divisions may be merged.

【Match Format】

One of the following match formats will be used. Depending on the number of registered teams, the two formats may be used together.

Tournament

- The match length will be 10 minutes.
- Until the quarterfinals, in the event of a tie at the end of a match, a sudden-death penalty shootout will be held.
- In the semifinals and later rounds, if the score is tied at the end of the match, a 5-minute overtime period will be played, and if the winner is still not decided, a penalty shootout by three representatives will be held.

League Match

- The match length will be 10 minutes.
- The winning team will get 3 points, and in the event of a tie, both teams will get 1 point, and the teams will be ranked in order of the number of points. If the teams have the same number of points, the ranking will be decided in order of goal difference, total number of goals scored, and wins and losses of the teams concerned. If the teams can still not be ranked, they will be ranked by rock-paper-scissors by the representatives.

【Rules】

- The rules of the game shall be in accordance with the Japan Football Association Futsal Rules in principle.
- The number of players on the pitch per team is five. (Up to five substitutes can be registered).
- If the number of players is not gathered after 5 minutes at the start time, penalties will be imposed and the match will start.
- The minimum number of players to start a match is four per team.
- If the minimum number of players for a match is not gathered after 5 minutes from the start time, the other team will be declared the winner by default.
- Substitutions can be made at any time. (Once they are replaced and out, they can compete again.)

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- Pitch size is 20m × 40m.

Special Rules for Mixed Division

- At least two female players must be on the pitch at any time.
- The team with more female players get a one-point lead at the start of the match.
- When a goal is scored by a female player, the goal will be counted as two points.

Sports • Day Rules

- Football shoes with spikes are allowed only in the men's division. However, only point spikes are allowed.
- The 4 seconds rule in kick-ins is not applied.
- Slide tackle is prohibited to prevent injuries.
- Opponents must be at least 5 meters away from the ball during kick-offs, kick-ins, corner kicks, and free kicks.
- If the opposing team touches a ball that is released by the goalkeeper, it shall be allowed to return to the goalkeeper.
- The ball may be returned to the goalkeeper even if it has not crossed the half line.
- A throw-in or kick from the keeper can cross the half line without bounce.
- A non-kicking foot is allowed to cross the line during a corner kick or kick-ins.

Penalties

- The maximum number of players for the team concerned in that match shall be the number of players at the start of the match.
- The team starts the game one goal behind.

Adding players on the day of the competition

- Players from an eliminated team cannot be added to another team.
- Players may not be added to more than one team in the same division or same event.
- Players may not be added to more than one team in the same division or same event.
- The maximum number of additional players is limited to half of the maximum number of registered players.

【Referees】

- Medical Football Club
- Football Circle

【Notes】

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- The maximum number of registered players per team is 10.
- Latecomers may participate only as substitutes after informing the referee.
- A player who is not registered is not allowed to participate on a team.
- Teams that participate in the tournament without a registered player will be disqualified.
- Eating and smoking are prohibited in the venue.
- No liquids other than water may be brought into the 1st soccer ground.
- Please do not use soccer goals that are not used for games.
- The use of balls other than those provided by the Sports Day Student Committee is prohibited in the games.
- The use of goals other than those provided by the Sports Day Student Committee is prohibited in the games
- Do not bring mud from shoes or other items onto the 1st soccer ground.