

Volleyball Competition Guidelines

【Date】

Saturday, November 15th, 2025

Sunday, November 16th, 2025

【Venue】

Ball game gymnasium

【Division】

It is prohibited for one person to belong to more than one team in the same event. If the number of registered teams in any division is extremely small, the divisions may be merged or eliminated.

※In the event of a large number of teams applying, a drawing will be held. The result of the drawing will be notified by e-mail to the representative.

※The definition of "experienced player" is defined someone having played volleyball for 2 years or more with an organization and not belonging any them now.

Men's Division (General)

〈Entry Criteria〉

- None in particular.

〈Registration Restrictions〉

- Registration of women is allowed. However, no handicap will be applied.
- At least one of the following conditions 1 and 2 must be met:
 - 1 “The total number of members of the men's volleyball club, women's volleyball club, medical volleyball club, and volleyball clubs is two or less” and “The total number of members of ULIS volleyball club and Spikers’inc and experienced players is zero”
 - 2 “The total number of members of ULIS volleyball club and Spikers’inc and experienced players is three or less” and “the total number of members of the men's volleyball club, women's volleyball club, medical volleyball club, and volleyball clubs is zero”

Women's Division (General)

〈Eligibility Criteria〉

- None in particular.

〈Registration Limitations〉

- Registration of men is not allowed.

- At least one of the following conditions 1 and 2 must be met:
 - 1 “The total number of members of the women's volleyball club, medical volleyball club, and volleyball clubs is two or less” and “The total number of members of ULIS volleyball club and Spikers’inc and experienced players is zero”
 - 2 “The total number of members of ULIS volleyball club and Spikers’inc and experienced players is three or less” and “the total number of members of the women's volleyball club, medical volleyball club, and volleyball clubs is zero”

High Level Division

〈Entry Criteria〉

- None in particular.

〈Registration Limitations〉

- Both men and women may register, but no handicap will be set accordingly.
- No restrictions on the number of experienced players.

【Match Format】

One of the following formats will be used. Depending on the number of registered teams, the two formats may be used together.

Tournament Format

- Until the quarterfinals, matches will be played as one-set matches with 15 points per set, and the stipulated playing time is 20 minutes. Deuce is allowed. The team with the most points at the end of the stipulated time shall win the match. In the event of a tie, the team with the next highest score shall win.
- In the semifinals, matches will be played as one-set matches with 25 points per set, and the stipulated playing time is 30 minutes. Deuce is allowed. The team with the most points at the end of the stipulated time shall win the match. In the event of a tie, the team with the next highest score shall win.
- In the final and thereafter, each set shall consist of three sets of 25 points each, and the stipulated time for a match shall be 60 minutes. However, the third set shall be 15 points. Deuce is allowed. The team with more points at the end of the stipulated time shall take the set. In the event of a tie, the team with the next highest score shall take the set. If the set count is equal, the winner shall be decided by the total number of points scored. If the winner is still not decided, a set of 1 point will be played.

League format

- Each set shall consist of three sets of 25 points each, with a match time of 60 minutes.

- Deuce is allowed.
- The team with the most points at the end of the regulation time will win the match. In the event of a tie, the team with the next highest score shall win.
- The ranking will be determined in order of number of wins. If the teams have the same number of wins, the ranking will be determined in the order of the number of wins, losses, and goal difference between the teams concerned. In the event that the teams are not ranked in that order, the representatives will determine the order by rock-paper-scissors.

【Rules】

- In principle, the rules of the Japan Volleyball Association's 6-player volleyball competition shall be followed.
- In principle, the rules shall be in accordance with the Japan Volleyball Association 6-player Volleyball Rules. (Up to 6 substitutes may be registered.)
- The minimum number of players to start a match is 4 per team.
- The grace period for being late will be within 5 minutes. If the number of players is less than the specified number of players at the start of the match, a penalty will be imposed.
- Substitutions may be made freely. (Substitutions can be made at any time.)
- The height of the net shall be 2m30cm for the Men's Division, 2m10cm for the Women's Division, and 2m30cm for the High Level Division.
- The position shall be free. (Rotation is not required, but service will be in order.)
- Time-outs will not be applied.

Adding players on the day of the competition

- It is not possible to add players to multiple teams within the same event on the day.
- Once a player has been removed, they cannot be added again.
- As a general rule, up to three players can be added on the day of the event.

Penalties

- No additional players are allowed after the start of the match.

【Umpire】

- Men's Volleyball team
- Women's Volleyball team
- Medical Volleyball team
- Volleyball Circle

【Notes】

- It is not allowed to participate in a team in which a player is not registered.
- Teams that participate in the tournament without a registered player will be disqualified.
- Unauthorized use of items in the venue is prohibited.
- If a team wishes to use the ball for practice, etc. on the day of the event, the ball can be borrowed at the reception desk at each venue, but it must be used inside the gymnasium.
- Players who arrive late may only take part in the match as a substitute after notifying the referee.
- Eating and smoking are prohibited in the venue.
- If a player fails to follow the instructions of the referee, some measures may be taken.