

Volleyball Competition Guidelines

【Date】

Saturday, November 14th, 2026

Sunday, November 15th, 2026

【Venue】

The 4th Gymnasium (in Kasuga)

【Division】

It is prohibited for one person to belong to more than one team in the same event. If the number of registered teams in any division is extremely small, the divisions may be merged or eliminated.

※If the number of applications exceeds the available capacity, a lottery will be conducted. Only representatives of unsuccessful teams will be notified by e-mail.

※For the purposes of these regulations, an "experienced player" is defined as a person who has belonged to a volleyball organization for two or more years but is not currently affiliated with any volleyball organization. A volleyball organization includes university volleyball clubs and volleyball circles, such as the ULIS Volleyball Club and Spikers'inc.

Men's Division (Standard)

〈Entry Criteria〉

- No restrictions.

〈Registration Restrictions〉

- Registration of women is allowed. However, no handicap will be applied.
- A team must satisfy at least one of the following conditions:
 - 1 "The total number of members of the Men's Volleyball Club, Women's Volleyball Club, Medical Volleyball Club, and Volleyball Dokokai is two or less" and "the team must include no members of the ULIS Volleyball, Club Spikers'inc, or experienced players."
 - 2 "The total number of members of ULIS Volleyball Club, Spikers'inc and experienced players is three or less" and "the team must include no members of the Men's Volleyball Club, Women's Volleyball Club, Medical Volleyball Club, and Volleyball Dokokai."

Women's Division (General)

〈Eligibility Criteria〉

- No restrictions.

〈Registration Limitations〉

- Registration of men is not allowed.
- A team must satisfy at least one of the following conditions:
 - 1 "The total number of members of the Women's Volleyball Club, Medical Volleyball Club, and Volleyball Dokokai is two or less" and "the team must include no member of the ULIS Volleyball Club, Spikers'inc and experienced players."
 - 2 "The total number of members of ULIS Volleyball Club, Spikers'inc and experienced players is three or less" and "the team must include no member of the Women's Volleyball Club, Medical Volleyball Club, and Volleyball Dokokai."

High Level Division

〈Entry Criteria〉

- None in particular.

〈Registration Limitations〉

- Both male and female participants may be registered. However, no handicap or other adjustments will be applied based on gender.
- There is no limit on the number of experienced players.

【Match Format】

Matches will be conducted using one of the following formats. Depending on the number of registered teams, a combination of the two formats may be used.

Tournament Format

- Up to the quarterfinals, matches will be played as a single set to 15 points. The time limit for each match shall be 20 minutes. Deuce shall apply. If the time limit is reached before the set is completed, the team with the higher score at that time shall be the winner. If the score is tied when the time limit expires, the next point wins the match.
- The semifinals shall be played as a single set to 25 points. The time limit for each match shall be 30 minutes. Deuce shall apply. If the time limit is reached before the set is completed, the team with the higher score at that time shall be the winner. If the score is tied when the time limit expires, the next point wins the match.
- The third-place match and the final shall be played as a best of three sets match. The first two sets shall be played to 25 points, and the third set shall be 15 points. The time limit for each match shall be 60 minutes. Deuce shall apply. If the time limit is reached before a set is completed, the team with the higher score at that time shall win the set. If the score is tied when the time limit expires, the next point wins the set. If the match is tied after set results are determined, the winner shall be decided by the total number of points scored. If the total points are also tied, a set of 1 point will be played.

League format

- Matches shall be played as best of three sets. Each set shall be played to 25 points. The limit for each match shall be 60 minutes.
- Deuce shall apply.
- If the time limits is reached before the match is completed, the team with the higher score at that time shall be the winner. If the score is tied when the time limit expires, the next point shall determine the winner.
- Teams shall be ranked by the number of matches won. If two or more teams match the same number of wins, the ranking shall be determined in the order of the number of wins, losses, and goal difference between the teams concerned. In the event that the teams are not ranked in that order, the representatives will determine the order by rock-paper-scissors.

【Rules】

- In principle, the rules of the Japan Volleyball Association's 6-player volleyball competition shall be followed.
- In principle, the rules shall be in accordance with the Japan Volleyball Association 6-player Volleyball Rules. (Up to 6 substitutes may be registered.)
- The minimum number of players to start a match is 4 per team.
- The grace period for being late will be within 5 minutes. If the number of players is less than the specified number of players at the start of the match, a penalty will be imposed.
- Substitutions may be made freely. (Substitutions can be made at any time.)
- The height of the net shall be 2m30cm for the Men's Division, 2m10cm for the Women's Division, and 2m30cm for the High Level Division.
- The position shall be free. (Rotation is not required, but service will be in order.)
- Time-outs will not be applied.

Penalties

- No additional players are allowed after the start of the match.

【Umpire】

- Men's Volleyball Club
- Women's Volleyball Club
- Medical Volleyball Club
- Volleyball Dokokai

【Same-Day Player Additions】

A player may not be added to more than one team in the same event on the day of the tournament.

A player who has been removed from a team roster may be re-registered a maximum of four (4) times in total.

Players from eliminated teams may not be added to another team's roster.

【Notes】

- It is not allowed to participate in a team in which a player is not registered.
- Teams that participate in the tournament without a registered player will be disqualified.
- Unauthorized use of items in the venue is prohibited.
- If a team wishes to use the ball for practice, etc. on the day of the event, the ball can be borrowed at the reception desk at each venue, but it must be used inside the gymnasium.
- Players who arrive late may only take part in the match as a substitute after notifying the referee.
- Eating and smoking are prohibited in the venue.
- If a player fails to follow the instructions of the referee, some measures may be taken.